



SAMPLE Shabbat Dinner Activity Menu

Heads-Up Game

A fun and light-hearted ice breaker sure to get conversations going and faces more familiar almost instantly.

- Companion facts can be used either for a **follow-up trivia game** or as **conversation starters** by placing them around the table and asking guests to test their familiarity with the most popular Fair trade items on the market.
- Prizes for any of these activities can include:
 - A Fair trade chocolate bar, box of tea or coffee;
 - Being served the upcoming course first;
 - The "loser" can also be asked to help clear the table.

Fair trade Madlibs

Another fun and lighthearted activity to break the ice amongst guests and ease people into the social atmosphere of your Shabbat dinner.

- People can complete them and share with their neighbor;
- People can wander around collecting words, and then wander around sharing and listening to 5 additional versions from others, while learning people's names;
- Dinner host/facilitator can also pull from the content shared to ask more thoughtful questions about any personal connections to Fairtrade or related funny things that come from doing this exercise.

Fair trade Values & the Shabbat Parshiot – Intentional, values-based conversations offering insight into how an ancient text can be relevant today:

Using the Values & Parsha guide, guests can be given various points on the list to discuss in the context of comparing relevance in ancient times to relevance in today's world. Example:

- The Collective Responsibility theme questions whether slavery and oppression was the People of Israel's greatest challenge, or is freedom and social success the greatest challenge? Compare moments of oppression and freedom throughout time, looking at what role **free will** and **self-discipline** play in the guiding value of collective responsibility – which, arguable is both a Jewish and global value.
- The Connection to the Land theme produces thoughts that can lead one to ask: Who is Shmita really for? Is it really for the land? Who benefits, and who needs to grow from it? Why might this law have been included – and referenced in 2 other books of the Torah (Exodus and Deuteronomy) as well as this week's portion in Leviticus?





Fair Trade Judaica

Crafted with Jewish Values

Other Fair Trade Jewish Resources as centerpieces:

Fair Trade Judaica has many additional readings, text study (fair trade principles and Jewish values), Kavannot (intentions), factsheets for kids and adults and lists of recognized Fairtrade suppliers available online. Pre-print any of these around a centerpiece to “center” dinner conversation 😊

Intentional exploration of Shmita: a conversation experience.

This activity is on the more serious and deep side, and an excellent option for your dessert course, completing your Fair Trade Shabbat dinner with “something sweet”. This framework will also enable your guests to have dessert with people they might not have sat with for the majority of the meal.

- At the beginning of the evening, announce that in between the main course and dessert, you will be engaging in a conversation activity. Start with the “I am (blank), looking for (blank)” word-association activity, then the group will naturally self-select into 4 groups based on choosing one of the 4 source/images presented.
- To conclude following the small-group conversations over dessert bring everyone back together to hear some “I learned (blank) new” and “I had not thought about this before” reflections before concluding with a recognition that collective responsibility, pursuit of equality and personal connection to the land are all achieved both as the sum of many parts interconnect and work together. (Note the 3 values taken from the Fair Trade Values & Parsha page)
- Logistics note – you might want to set up dessert in 4 spots when you set up the source/images in advance of the program.

This educational resource was created and compiled for FTJ use by Tamara Rebick.



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